



Date: Tuesday 22nd January, 2018, 2pm – 4pm Venue: Cwmbbran Library

Present:	Bridget Barnes Dawn Bevan Carol Briffett Pam Brookes Rosemary Butler Roslyn Chamberlain – Treasurer Paul Davey Mary Davey Angela Day Brian Day Margaret Demann Jane Dorsett Sheila Gummery	Irene Gunningham Maureen Guppy Richard Guppy Roger Hayes Toni Hayes – Vice Chair Olive Jenkins Joan Kennedy Sylvia Hoad Ann Parish Barbara Parry Val Predeauss Patricia Parsons – Chair Val Prideous	Doreen Smith Margaret Stubbington Evelyn Trumper Laura Turner Pat Walkley Avril Weaver Maureen Williams
In attendance:	Age Connects Torfaen Newport 50+ Forum TCBC	Tracey Jones Kevin Wood Peter Walters Steve Honeywill	
Apologies:	Barbara Brown Verlie Crandon Carol Briffett Paul Davey Mary Davey Muriel Price	Jean Jones Delene Leek Brian McDowell Shirley McDowell Dorothy Phillips Barbara Bowen	Bridget Barnes Joyce Petrovic Walter Harris - Secretary Kit Welbirg

Agenda item	Minutes	Action
1.	<p>Welcome and apologies for absence Members were welcomed to the meeting by Chair – Patricia Parsons. Apologies were noted by Secretary and Age Connects Torfaen.</p>	<p>PP TMJ WH</p>
2.	<p>Minutes review, acceptance and matters arising Correction to minutes – adjustments to incorrect name, one member recorded as absent, was present. A proposal of accepting the minutes as a true and accurate record was received from Verlie Crandon, the proposal was seconded by Barbara Parry.</p> <p>Matters arising – Chair informed the Forum she thought the minutes contained a good explanation of the Police & Crime Commissioner Consultation.</p>	<p>Chair & TMJ</p>
3.	<p>Guest Speaker – National Westminster Bank – Scams</p> <p>A video was shown to members present – Friends Against Scams. Friends against scams is an initiative of Trading standards. £5-1026+/-£10 billion are lots to scams each year. Criminals are behind organised scams, targeting people. 5% of scams are reported.</p> <p>There are 4 main types of scams: Telephone (only scammers will contact you by telephone asking for your bank details to withdraw monies) , Post (do not send payment for prizes, if it is a scam, report it and shred it), Computer Scams. Member shared difficulty in gaining a response from the action fraud telephone contact line.</p> <p>Scammers can: hack into your mobile texts to enter details, thus making you think they are genuine, add legitimate telephone numbers on caller id systems to again make you think genuine caller.</p> <p>Use telephone preference service to register – unwanted calls, your telephone provider can also assist to block oversea calls.</p> <p>Current scam – TV licence.</p> <p>“Being scammed is not just happening to older people, it is happening to all ages”.</p> <p>Discussions continued of how to keep safe, online, protect your bank account, bank cards, safe passwords – use “How Safe Is My Password” web site.</p> <p>The chair on behalf of the Forum thanked speaker.</p> <p>Leaflets were made available on SCAMS topic, also ensuring all were aware of the opportunity to become a scam champion – members were encouraged to spread the word of how to protect yourself against scams.</p> <p>Steve Honeywill - TCBC August 2018 – 270 individuals engaged with Public toilet Strategy Consultation – TCBC. A draft Public Toilet Strategy is now available – an overview was provided to Forum members – highlighting what people told TCBC. Examples included – Work has been undertaken at Pontypool Active Living Centre to ensure accessible toilets available. Timings are required eg</p>	<p>ALL</p>

	<p>February. Chair informed responses will be forwarded to BBC.</p> <ul style="list-style-type: none"> • St Davids Afternoon Tea – Widdershins – February 27th, £9.99 per ticket inclusive of entertainment. • Mature Times <p><i>Supporting unpaid carers of people with Dementia in their caring role</i> The Flexible Dementia Respite Pilot is developing a new model of providing respite services, based on the needs of unpaid carers of a person with a diagnosis of a dementia, who are not currently receiving any respite to support a break from their caring role. A range of respite opportunities are available, both with or separate from the person you care for.</p> <p>This project is enabled by the Gwent Regional Partnership Integrated Care Fund 2018/19 and is supported by a consortium of service providers. We understand the value of someone who cares and how carers also need support from time to time, and for this reason we offer a range of services that can be tailored to suit your personality and your needs. This pilot will help us to better understand the type of services you prefer, and those services that help you most so that in future you can access the support you need, when you need it. This pilot does not provide emergency respite services – please make contact with your local authority social services department should you require urgent support. At times when you may need a little extra support, we have counselling and <u>Dementia Life Coach</u> experts who can provide advice in effective care-giving practices and give considerable attention to the needs of the care giver. If you live in Newport or Torfaen please contact 07790 807667</p>	
6, 7 & 8	<p>Raffle was drawn Chair – Planning of Helena Herklots – Older Peoples Commissioner For Wales. The commissioner is currently consulting: Share your views on how we can make Wales the best place in the world to grow older</p> <hr/> <p>The Older People’s Commissioner for Wales wants Wales to be the best place in the world to grow older and is currently determining the work she will undertake over the next three years to improve the lives of older people. Since she took up post, the Commissioner has travelled the length and breadth of Wales, meeting and speaking with older people and organisations to hear about what would make Wales the best place in the world to grow older. This has helped the Commissioner to identify three key long-term priorities for Wales, against which she will deliver a wide range of work over the next three years:</p> <ul style="list-style-type: none"> • Ensuring everyone can age well • Ending ageism and discrimination • Stopping abuse of older people <p>The Commissioner wants the voices and experiences of as many older people and stakeholders as possible to inform her work and would welcome your views on what she should focus on under these priority areas, particularly the changes you want to see and your ideas about how to make these changes happen. In your response you may want to highlight</p>	

	<p>something you are concerned about or share an example of something positive that works well and could be replicated in other parts of Wales. The Commissioner is particularly keen to focus on work that will improve the quality of life of the most vulnerable older people, those whose voices often go unheard, and those who are at risk of harm. The Commissioner also wants to use her work to highlight the contribution that older people make to their communities and to society, and to help people to age well.</p> <p>If you would like to receive a hard copy of the consultation document, email ask@olderpeoplewales.com or call 03442 640 670. Online availability:</p> <p>http://www.olderpeoplewales.com/en/Home/consultation.aspx The closing date for responses is Friday 22 February 2019</p> <p>Option of topic of which can be discussed with Commissioner next month: Health Screen For All – eg bowel, breast, prostate Pension Credit – welfare reform</p> <p>Meeting closed at 4pm. Date of next meeting Tuesday, 26TH February 2019.</p>	ALL